

Dear Parents and Caregivers
Kia Ora

The TEST for the Math-a-thon is on tomorrow morning – I hope the children have been learning their facts and are ready to test their knowledge. There are some great prizes for most money collected, as well as class prizes and draws for daily prizes.

WINTER SEASON

Winter has arrived and along with it comes the usual colds and bugs. The best things you can do to stop the spread of any type of virus is to:

- stay at home and away from others if you are sick;
- cover your coughs and sneezes with a tissue;
- put used tissues into a rubbish bin;
- be careful to wash hands often with soap and dry them thoroughly – **hand hygiene is critical**: even when you start to feel better there is still a risk of infecting others, so keep to the 20/20 rule – 20 seconds washing and 20 seconds drying; and
- keep surfaces clean.

A useful guide to help parents is:

28 May	Mathathon Test
2 June	Maori Consultation: 7.00pm
4 June	AUT – Year 5/6 trip
7 June	Queen's Birthday
9 June	Soccer Day
10 June	Soccer save-a-day
11 June	Math-athon Assembly
18 June	PTA Quiz Night: 7.30pm
22 June	Class Photos
	PTA Meeting: 7.00pm
24 June	New Entrant Parent Meeting
	Rugby Day 2
28 June	Book Week commences

SYMPTOM	COMMON COLD	INFLUENZA
Fever	Rare	Usual, sudden onset 38°-40° and lasts 3-4 days
Headache	Rare	Usual and can be severe
Aches and pains	Rare	Usual and can be severe
Debilitating fatigue	Rare	Usual, early onset can be severe
Nausea, vomiting, diarrhoea	Rare	In children over 5 years
Watering of the eyes	Usual	Rare
Runny, stuffy nose	Usual	Rare
Sneezing	Usual	Rare in early stages
Sore throat	Usual	Usual
Chest discomfort	Sometimes, but mild to moderate	Usual and can be severe

MAORI PARENTS MEETING

Whanau of our Maori students are reminded of the June 2 meeting at 7pm in the Staffroom.

BOARD OF TRUSTEES

The new BOT met last night with the following election for officers:

Richard Allan	- Chairman
Colin Leslie	- Property
Phillip Unsworth	- Finance
Jeremy Lambert	- Personnel
John Russell	- Community Relationships
Rachael Findlay-Clarke	- Staff Representative
Stanley Park	- International Student

SHORE TO SHORE

Thank you to everyone who supported the school earlier this year in the Shore to Shore fun run/walk. Sunnynook has been presented with \$400 to spend on Sports equipment.

ACTIVITY FEE - TERM 2

Term 2 Activity Fees are now due. Payment of Activity Fee is compulsory for all students as this gives permission for the children to go on trips etc. If payment is not received, children are unable to attend the different activities. A reminder also that payment of the School Donation is greatly appreciated.

PTA NEWS

PTA Quiz night – Friday 18th June: Get in quick as tickets for this fun event are limited and will sell-out. Check out the flier for event and ticket information. For more information please contact the PTA on sunnynookPTA@gmail.com.

The PTA would appreciate contributions of 'luxury' items to make up nice hampers to raffle on the quiz night. Please pop them in the office by Friday 11th June. Thanks for your help.

School Fair – November 14: The PTA has begun planning for this year's event. Please start setting aside any items we could sell at the fair (e.g. toys, books, bric-a-brac, clothes etc). We'll be arranging some storage for these items in the next few months. Stay tuned.

Freezer: The PTA needs a freezer for the PTA shed. We'd like to buy a new chest freezer at a good price. Or does anyone have a good-quality second-hand one we could have? If you can help, please let us know - contact Phil on sunnynookPTA@gmail.com.

e-newsletter: To sign up for the monthly 'Friends of the PTA' e-newsletter please email the PTA on sunnynookPTA@gmail.com.

SPORTS

Miniball Year 4: We played Bayview Blues and won 10-2. This was a great game to watch, and a great improvement in the team's passing, shooting and defense - well done Cameron, Tindle, Michael, Logan, Amelia, Minko and Dylan.

Mini Ball Year 5: Sunnynook lost by one point 10/11 against Belmont Blitz. We battled in the last quarter to get some more points. Good effort team.

Miniball Year 6: Sunnynook Slammers now have 2 wins and 2 losses in the Championship Grade. Three more games to go for Season One. Next Friday's game is against Willow Park devils.

Flippaball: The Sunnynook flippaball team are unbeaten so far this term beating Browns Bay 7-1 and Willowpark 7-1 on Sunday – a terrific result as we were one player short for this game. Well done team!

Hockey Year 4: A tremendous match against Pinehurst 2-1 to them, great determination on defense. Player of the day went to Amelia Jones-Hill.

Netball Year 5: Great game girls, especially as it was your first game under lights and the court was pretty wet. Score 14-4 against Vauxhall 4. Another excellent win! Well done Amy Lambert, player of the day especially as WA in first quarter. Also, a mention to Shannon, you got around that attacking area a lot.

JUNIOR NETBALL

Year 2: Sunnynook Silver Ferns played an excellent game against Pinehurst 2 and won 5-0. Keep up the great team work. Player of the day went to Emily Hughes and Fair Play Award went to Anastasia Matiatos.

Year 3: Sunnynook Gold played Mairangi Bay Shooting Stars and went down 3-1. All the girls played a fantastic game with great determination and considering they were one player down, they never gave up! Player of the day went to Makenna for her great defense and playing a feisty game.

Year 4: A nail biting match, 2-2 at half time. The girls showed fantastic team spirit to pull back the game to win 7-2. Player of the day went to Jessica Carroll.

TRAVELWISE

Make it click, did you know...

If everyone wore their seatbelts, it is estimated that 25 lives could be saved from road crashes each year. Wearing a safety belt reduces the risk of being killed or seriously injured in a road crash by about 40%.

If a car suddenly stops when traveling at 50km/h the human body is like a pinball bouncing off the inside of the car. An unrestrained body can collide with people in the car who are wearing their safety belts, severely injuring them.



Yours sincerely

Peter Mulcahy
PRINCIPAL