



SUNNYNOOK PRIMARY SCHOOL

"Learning for a Successful Future"

Me Ako, kia angitu ai nga rae heke mai.

Sport Handbook 2022



SPS Sports

Life Long Learners

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1. WELCOME TO SPORT AT SUNNYNOOK PRIMARY SCHOOL (SPS)

This booklet has been prepared specifically to provide information about Sport at Sunnynook Primary School. We have carefully outlined Sunnynook's expectations in order for us to maintain successful partnerships. If you have a query regarding sport, please contact either:

Monica Duffield monicad@sunnynookschool.nz, the Teacher in Charge of Sport

Shona Fritsch shonaf@sunnynookschool.nz, the Sports Coordinator

As a school we recognise that sporting opportunities provide our students with rich learning experiences. Participation in sport and physical activity by students and staff has positive benefits for the individual, the school and the community.

At SPS, we strive for excellence in providing and supporting the best sporting opportunities and environments in which our students can participate, learn and grow. We aim to empower all students to be physically active for life. Team sports and individual representation will be supported, within an inclusive and positive sporting environment that encompasses all abilities.

The range of sporting opportunities at SPS provides all students with sporting opportunities to develop skills, and achieve personal success. We are continuously working to create an environment that has a healthy balance between participation and competition.

2. SPORT GUIDING PRINCIPLES

- ❖ To provide a variety of sporting activities which enable and encourage student participation in the sporting life of the school.
- ❖ To encourage students to be involved in sport regardless of their ability.
- ❖ To encourage students to achieve personal success.
- ❖ To offer support and guidance to managers and coaches of sports teams.
- ❖ To encourage sportsmanship, fairness and positive play.
- ❖ To maintain in sport the school values of Respect, Kindness and Responsibility.
- ❖ To apply in school sport the following dispositions - Self management, collaboration and resilience.

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3. ABOUT OUR SPORT

Physical Education (during school hours). Monica Duffield is our 'Teacher In Charge' of Sport and Health. Her role is to organise and implement physical education, sporting and health programmes for all our students. The PE programme is spread over the school year with options such as:

- ❖ Term 1: Class Swimming and Small Ball Skills
- ❖ Term 2: Class Swimming, Large Ball Skills and Running (Cross Country)
- ❖ Term 3: Class Swimming, Dance, Gymnastics and Large Ball Skills
- ❖ Term 4: Class Swimming, Athletics and Small Ball Skills

The school has an indoor heated swimming pool, soccer field, rugby field, a junior netball and basketball court, and an all-weather covered area over our senior netball and basketball court.

In-House Sport (during school hours)

- ❖ Term 2: Year 0-6 Cross-Country Event
- ❖ Term 4: Year 0-3 and Year 4-6 Athletics Event

Super-Cluster Sport (during school hours)

Eight schools come together to compete in various sporting codes. The primary schools that are in our Sunnynook Super-Cluster are Campbells Bay, Pinehurst, Murrays Bay, Browns Bay, Pinehill, Mairangi Bay, and St Johns. Teams are selected throughout the year to represent our school for the following one day events:

- ❖ Term 2: Year 4-6 Cross Country and Year 5-6 Football
- ❖ Term 3: Year 5-6 Basketball and Year 5-6 Hockey
- ❖ Term 4: Year 5-6 Touch Rugby and Year 4-6 Athletics

Other Sporting Day Events (during school hours)

The school may participate in these one day events (depending on the availability of parents to coach and manage). Children will be required to listen to the daily bulletins in class, to know when to attend the meetings for these sporting opportunities. Here are the organised events to date:

- ❖ Term 2: NH Netball Y6 Field Day & Y5-6 Rugby League Tournament
- ❖ Term 2-3: NH Y3-6 Rippa Rugby Festival Day 1 & Day 2
- ❖ Term 4: North Shore Primary Schools Y4-6 Swimming Champs

Sports Coordinator

Shona Fritsch is our school *Sports Coordinator*. Her role is to support the organisation of sport for our students. School sport queries can be emailed to the sports coordinator shonaf@sunnynookschool.nz

Her part-time office hours are: Mon and Wed 9.30am - 4.00pm. Tues 9.30am - 12.30pm.

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School Sport Information and Registration Process

It is important to read our school newsletters for up to date information on sporting events and reminders for current registrations and closing dates. Some sports will require a minimum number of registrations to go ahead. Acceptance of late registrations is at the discretion of the Sports Team, pending team, player numbers and league regulations. Trials will be held for our Y5-6 Junior Basketball and Y5-6 Netball teams.

Payment and registration for all sports can be done via our [myKindo Shop](#), on our school's website. Parents can apply for the coach and/or manager positions, while registering online. Coaches and managers are a vital part of school sports. Teams can only be entered into a competition having a coach and a manager, therefore if you are able to help out in this area it would be most appreciated.

Sport and Community Events

Weekly Competitive Sport - (Afterschool Hours):

- ❖ Terms 1 - 4: Junior Basketball
- ❖ Terms 2 - 3: Netball
- ❖ Terms 2 - 3: Hockey
- ❖ Term 4: Touch Rugby & Kiwi Tag / Spring Netball & Hockey

4. SPS SPORT CODES OF CONDUCT:

Codes of Conduct: Sport

All players, coaches, managers, parents and caregivers will be asked during the ONLINE registration process to have read and agreed to all of the relevant Sunnynook Primary School Sporting Codes of Conduct. Parents and caregivers need to discuss the player code of behavior with their child.

The successful running of sports teams at Sunnynook Primary School relies on the help of parents and volunteers to help with the coaching and managing of our teams. The teams are required to have a coach and manager. The coach's responsibility is to organise the players at the games (including substitutions) and co-ordinate the training sessions. The manager's responsibility is to liaise with the team regarding the draw and any other information and to support the coach when required. We very much appreciate the support we receive in sport from our parent community.

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Players: Sport Code of Behaviour

I will....

- Work hard to do my best at all times and play by the rules.
- Wear the correct sports uniform.
- Never argue with referees, coaches and officials.
- Use appropriate and acceptable language.
- Be a good sport and applaud good play whether by my team or the opposition.
- Be committed to the team and attend all practices and games on time (with the appropriate gear).
- Contact the manager/coach if I am unable to attend practices or games.
- Thank the opponents, referees and the coach at the end of the game.
- Listen to and respect the team coach and manager at all times.
- Treat all other players, as I would like to be treated.
- Play for enjoyment. *Win with modesty and lose with dignity.*

Coaches and Managers: Sport Code of Behaviour

I will....

- Lead by example and encourage sportsmanship.
- Develop the team's respect for officials and referees.
- Never argue with referees, coaches and officials.
- Use appropriate and acceptable language.
- Insist on fair play and give all players the opportunity to participate in the game.
- Be generous with my praise when it is deserved and positively reinforce the actions of all players.
- Create an enjoyable, hard working and fun environment.

Parents / Caregivers / Spectators / Supporters: Sport Code of Behaviour

I will....

- Make sure my child arrives at practice on time and is picked up on time from all practices and games.
- Ensure my child wears the correct uniform.
- Remember that children participate to have fun and that the game is for their enjoyment, not mine.
- Inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
- Respect the policies and decisions made by the coach or school and if any issues arise, I will make an appointment to discuss them further with the teacher in charge of sport.
- Provide support for coaches and managers working with my child to ensure a positive and enjoyable experience for all.
- Refrain from coaching my child or other players during games and practices.
- Accept umpire/referees decisions whether I agree with them or not.
- Use appropriate and acceptable language.

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- Be a positive role model for my child and encourage sportsmanship by showing respect, courtesy and support for all those involved in the sport.
- Recognise and respect the value and importance of volunteer coaches and managers who give up their time for the sporting benefit of my child.
- Not ridicule or yell at my child or any other players for making a mistake or losing a game. Comments from the sideline need to be unbiased and positive.
- Praise efforts not results. Applaud the performance of both teams.

Parent / Caregivers / Spectators / Supporters: Any breach of this code, may result in the forfeiture of the privilege of attending practices or games.

**“Ability may get you to the top, but it takes character to keep you there.”
John Wooden (USA Famous Sports Coach)**

5. SPS SPORT EVENTS TERM OVERVIEW 2022

	SPORTING EVENTS WITH OTHER SCHOOLS	SPORTING EVENTS AT SCHOOL	AFTER-SCHOOL Team Sport
T 1		SPS Class Swimming Lessons Weetbix Try Challenge Programme Y1-6 Hockey Development Lessons	Y5-6 Basketball Trials Y5-6 Netball Trials Y1-6 Junior Basketball
T 2	Rugby League Tournament Y5-6 Super Cluster Y4-6 Cross-Country NNH Netball Y6 Field Day Rippa Rugby Y3-6 Festival Day 1 Super Cluster Y5-6 Football	SPS Class Swimming Lessons Playball Demonstration (Y0-2) SPS Y0-6 Cross-Country SPS Team Fun Day (Skipping)	Y1-6 Junior Basketball Y1-6 Winter Netball Y3-6 Winter Hockey
T 3	Super Cluster Y5-6 Basketball Rippa Rugby Y3-6 Festival Day 2 Super Cluster Y5-6 Hockey	SPS Class Swimming Lessons SPS PE Gymnastics Programme SPS Sport / Cultural Photos Camp Y5-6	Y1-6 Junior Basketball Y1-6 Winter Netball Y3-6 Winter Hockey
T 4	Super Cluster Touch Rugby Y5-6 Super Cluster Y4-6 Athletics NSPS Y4-6 Swimming Champs	SPS Class Swimming Lessons SPS Y4-6 Athletics SPS Y0-3 Athletics	Y1-6 Junior Basketball Y3-6 Local Touch & Kiwi Tag Y1-6 Netball & Hockey Spring League (Parent organised)

Please Note: Dates for events will be confirmed in the school's newsletters, as some events may not take place due to ongoing Covid requirements & new events may be added.

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6. SPS SPORTS TEAMS OVERVIEW (After-school competitions)

NETBALL	Year 1 - 4	SATURDAYS	Kidzplay Netball, Pinehurst School	www.kidzplaynetball.co.nz/draw
	Year 5 - 6	WEDNESDAYS	INetball North Harbour, Northcote	Netball North Harbour
BASKETBALL	Year 1 - 2	MONDAYS	Breakers Training Facility Atlas Place, Mairangi Bay	http://www.juniorbreakers.co.nz/
	Year 3 - 4 Year 5 - 6	FRIDAYS TUESDAYS		
HOCKEY	Year 3 - 6	MONDAYS	National Hockey Centre, 159 Bush Road, Rosedale	http://www.harbourhockey.org.nz/
SOFTBALL (TBC)	Year 5 - 6	THURSDAYS	Rosedale Park, Jack Hinton Drive, Rosedale	http://www.northharboursoftball.co.nz/
TOUCH RUGBY (TBC)	Year 3 - 6	MONDAYS	Sunnynook Park	www.localtouch.co.nz
KIWI TAG (TBC)	Year 3 - 6	FRIDAYS	Sunnynook Park	http://www.kiwitagnz.co.nz/

7. AFTER-SCHOOL TEAM SPORTS INFORMATION

JUNIOR BASKETBALL

Junior Basketball is played throughout the year Terms 1-4, and the leagues are run by *Junior Breakers*. This sport is available to both girls and boys. Registrations close at the beginning of each school year.

Important Information for all Leagues

- There is a limit on how many teams the school can register in each year group.
- Teams will be formed with much consideration, at the discretion of the School.
- The Breakers training venue is at 7 Atlas Place, Mairangi Bay. Weekly game start times can vary.
- Children register twice a year: Semester 1 is during Terms 1-2 and Semester 2 is during Terms 3-4.
- Semester Two registration gives priority to players already in teams from Semester One. The school will try our best to accommodate those new players signing up throughout the year.
- Non marking shoes are worn, and mouth guards are compulsory.
- Teams must have a coach and manager to be registered.
- Training times and days are decided by the coach once teams are confirmed.
- For Draws and Results <https://www.juniorbreakers.basketball/leagues>

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Year 1-2 Junior Basketball Information

- ❖ Year 1-2 teams play on Monday afternoons / evenings, between 3.45pm - 7.30pm.
- ❖ The cost for each semester is approx. \$120 per person - (uniform hireage cost included).
- ❖ This league is all about teaching the basics of basketball in a fun learning environment.
- ❖ Prior to the 25 minute game, there is a 10 minute warm up with a coach from the Breakers.
- ❖ The modified game involves 25 minute halves, 8ft hoop height, smaller ball size 5.

Year 3-6 Junior Basketball Information

- ❖ Year 3-4 teams play Friday afternoons / evenings, between 3.45pm - 7.30pm.
- ❖ Year 5-6 teams play Tuesday and Thursday afternoons / evenings, between 3.45pm - 7.30pm.
- ❖ Trials will be held for Year 4-5 children to determine team placement.
- ❖ The cost for each semester is approx. \$149 per person - (uniform hireage cost included).
- ❖ Prior to the 30 minute game, there is a 10 minute warm up with a coach from the Breakers.
- ❖ Players use 8ft hoop height, size 5 ball, 5 players on the court at one time.

TOUCH RUGBY

Touch rugby is played in Term 4 - and registrations open in August each year. The League is run by Touch North Harbour. The sport is available to both girls and boys.

Year 3-6 Local Junior Touch

- ❖ The module our school usually participates in, is played on Monday afternoons/evenings at the Sunnynook Park Venue, and weekly games start times can vary.
- ❖ Teams are 6-aside. Games are 30 minutes in duration.
- ❖ Cost is usually around \$55 per person, (includes the sports shirt hireage fee).
- ❖ A sports shirt is hired from the school. Children provide their own navy blue or black shorts.
- ❖ Mixed teams must have a minimum of four girls registered and 3 girls on the field at all times.
- ❖ Teams must have a coach and/or manager, to be registered.
- ❖ Training times and days are decided by the coach once teams are confirmed.

For more information localtouch.co.nz

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KIWI TAG

Kiwi Tag is played in Term 4 - and registrations open in August each year. The League is run by Sunnynook Rugby League Club. The sport is available to both girls and boys.

Year 3-6 Kiwi Tag

- ❖ The module our school usually participates in, is played on Friday afternoons/evenings at the Sunnynook Park Venue, and weekly games start times can vary.
- ❖ Teams are 8-aside. Games are 30 minutes in duration.
- ❖ Cost is usually around \$200 per team.
- ❖ A sports shirt is hired from the school for an extra cost of \$5.00. Children provide their own navy blue or black shorts.
- ❖ Teams must have a coach and/or manager, to be registered.
- ❖ Training times and days are decided by the coach once teams are confirmed.

NETBALL

Winter netball is played through Terms 2 and 3 and registrations open in February each year. This sport is available to both girls and boys.

Year 1-4 Netball Kidzplay Winter League Information:

- ❖ Games played on Saturdays - weekly games start times can vary.
- ❖ The venue is at Pinehurst School, 75 Bush Road, Albany.
- ❖ The competition is 14 weeks long and includes grading games.
- ❖ Year 1 play a non-competitive 6-a-side version of netball.
- ❖ Year 2-4 play a 7-a-side variance to rules to ensure players develop understanding.
- ❖ The cost is approx. \$68 per person - (uniform cost included).
- ❖ Uniforms are hired from the school.
- ❖ Team umpire costs will be paid directly to the manager.
- ❖ Teams must have a coach and manager to be registered.
- ❖ Training times and days are decided by the coach once teams are confirmed.

Spring League Netball Term 4

This is offered to Year 1-6 by Kidzplay for 6 weeks in Term 4. Teams if they wish to play sign themselves up for this league around September each year.

For more information [Kidzplay Netball – : Years 1-5 | Albany, North Shore, Auckland](#)

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Year 5-6 Netball North Harbour Winter League Information:

- ❖ Games played on Wednesdays after school starting from 4.00pm.
- ❖ The venue is at Netball North Harbour, AMI Centre, Northcote.
- ❖ The competition is 14 weeks long and includes 7 grading games.
- ❖ Year 5 grade rotate positions each quarter.
- ❖ Year 6 grade play traditional netball in fixed positions.
- ❖ Teams are graded and trials take place.
- ❖ The cost is approx. \$95 per person - (uniform cost included).
- ❖ Uniforms are hired from the school.
- ❖ Team umpire costs will be paid directly to the manager.
- ❖ Teams must have a coach, manager and umpire to be registered.
- ❖ Training times and days are decided by the coach once teams are confirmed.

Spring League Netball Term 4

This is offered to Year 5-6 teams run by Netball North Harbour for 6 weeks in Term 4. Teams if they wish to play, sign themselves up for this league around September each year.

For more information [Netball North Harbour](#)

HOCKEY

Winter hockey is played through Terms 2 and 3 - and registrations open in February each year. This sport is available to both girls and boys.

Year 3-6 Hockey North Harbour League Information

- ❖ Games played on Monday Afternoons / Evenings - weekly games start times can vary.
- ❖ The venue is at North Harbour Hockey Stadium, 159 Bush Road, Albany.
- ❖ Games are 30 minutes in duration.
- ❖ Year 3-4 Mini Sticks Grade plays 6 aside on ¼ turf - game start times are between 4.00pm - 5.30pm approx. cost is usually around \$118 per person.
- ❖ Year 5-6 Kiwi Sticks Grade plays 6 aside on ¼ turf - game start times are between 4.00pm - 7.30pm approx. cost is usually around \$127 per person.
- ❖ Uniforms are hired from the school - fee included in costing.
- ❖ Children are required to have their own mouth guard, shin pads and hockey stick.
- ❖ Strictly NO boys are permitted to play in girls teams in any grade.
- ❖ Girls may be registered in a boys team only if required to make up numbers.
- ❖ Teams must have a coach and manager to be registered.
- ❖ Training times and days are decided by the coach once teams are confirmed.

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Summer Hockey Term 4

This is offered to teams by North Harbour Hockey for 7-8 weeks in Term 4. Teams if they wish to play, sign themselves up for this league around September each year.

For more information click on this link [North Harbour Hockey Assn - Home](#)

Year 0-3 Hockey NH - FUN STICKS PROGRAMME Information

Registration is done directly with Hockey NH, this is not organised through Schools

Fun Sticks is Hockey North Harbour grassroots hockey programme that is designed to give interested and keen kids a chance to have a go at hockey. It is aimed at Year 0-3 (ages 5 – 7) children, to have fun, play, learn, explore and make new friends!

For more information: [Funsticks Term 1 – 2022 – North Harbour Hockey Association](#)

8. REGISTRATION FORMS FOR SPORT TEAMS

<https://www.sunnynook.school.nz/59/pages/54-2022-sport-registration-forms>

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9. SCHOOL PHOTOS FOR SPORT TEAMS

During Term 3, the school organises a professional photographer to take formal team photos. All children in sport teams are photographed in the uniforms that they compete in. Coaches, managers and referees of the teams are welcome to be included in the photograph if they wish.

Photos can later be purchased.

10. SPS SPORT UNIFORMS

Here are the school's netball, interschool & basketball uniforms.

